

# ERA PLEDGE TOKYO EVENT BOUNDARIES, BURNOUT AND BUILDING A SUSTAINABLE ARBITRATION PRACTICE



23 APRIL 2026  
6:30 - 7:30PM



**Nishimura & Asahi**  
Otemon Tower, 1-1-2  
Otemachi  
Chiyoda-ku, Tokyo  
100-8124, Japan

Supported by:



## EQUAL REPRESENTATION IN ARBITRATION

### APAC

Join us for a practical session organised by the ERA Pledge, as we take a bold step forward in addressing the important issues of setting boundaries to avoid burnout and how to build a sustainable arbitration practice.

**Apply using the QR below.**

Places are limited to 25 – first come first serve.

SCAN  
ME



**Moderator:**

**Carlotta Bruessel (Nishimura & Asahi)**

**Panelists:**

**May Tai (Independent Arbitrator)**

**Yoshihiro Takatori (Nagashima Ohno & Tsunematsu)**

**Miriam Rose Ivan L. Pereira (Oh-Ebashi LPC & Partners)**

**Emi Rowse (Igusa) (Kudun and Partners)**

